



SUMMARY OF POST SURGERY INSTRUCTIONS FOLLOWING LIPOSUCTION

DRESSINGS AND MEDICATIONS

Taped waterproof dressings to stay on for one week, then only skin glue left and the compression garment for 4-6 weeks. All prescribed medications to be taken as instructed.

FOLLOW UP APPOINTMENTS

At 1 week, 3 weeks and 4 and 12 months, but this can vary.

TIME OFF WORK

Typically 3 days.

GARMENTS

Compression garments for 4-6 weeks.

WASHING

Shower from day one as you have a waterproof dressing and skin glue.
No baths.

BEACH AND SWIMMING

After all wounds are dry and healed at approximately 4 weeks.

SLEEPING POSITION

Sleeping in any position is fine.

MOBILITY

Immediately but you will be there will be some aches in the areas treated.

DRIVING

After 2 days.

EXERCISE

After 3 days.

FULL RECOVERY

2 weeks.

FINAL APPEARANCE

From the contour perspective- all swelling would have resolved at 6 months, scars at 18 months.

Maison Lutétia Dubai
Dubai Festival City, Dubai
United Arab Emirates

Web: drorymcgoldrick.com

Email: enquiries@drorymcgoldrick.com



DR RORY
FACE BREAST BODY SKIN

Mobile: **+971 543871452**
(WhatsApp messages only)

Personal Assistant: **+971 589424657**

Maison Lutetia Clinic: **+971 47064000**
General booking enquiries

YOUR NOTES AND QUESTIONS